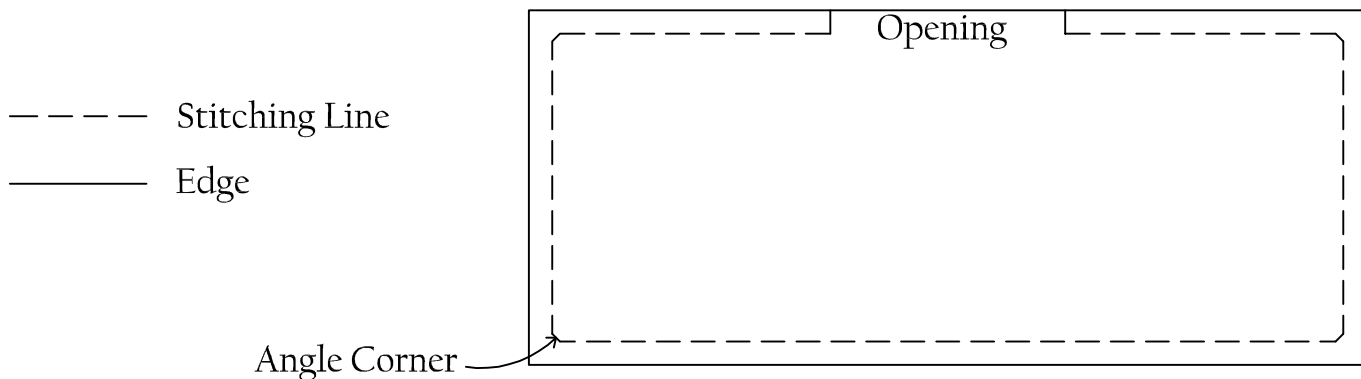


# Sewing Tip #2

As an Alternative to binding the edges of table runners, wall-hangings, place mats, etc., the edges can be finished by placing the backing right sides together then stitched and turned like a pillow. Here are a couple of tips I'd like to share with you in doing this technique.

1. If the backing piece is cut slightly smaller than the top it will pull to the underneath side when turned and won't roll to the front. It can be cut anywhere from 1/4 to 1/2 inch smaller and still stretch to fit the top.
2. If you stitch around it as shown in the diagram below, the seam allowance will turn in so that it will be easier to hand stitch the opening shut. And, putting two or three stitches across each corner will actually result in a sharper corner than if you squared it off. Be sure to trim the corners as close as you can to the seam allowance before you turn it.



These hints can also be applied to garment sewing. For instance, if the upper and lower collar pieces are cut out together, the lower collar can be trimmed on the outer edge so that it is smaller and then will pull under after it's sewn. (Do not trim neck edge). The corners on the collar will also be sharper if stitched with one or two stitches across the corners.